



PRIDE+ Staff Network Bulletin

October 2024 - November 2024

News

[72% of the trans+ community do not feel safe living in the UK](#)

DIVA, November 2024

According to a new report, the majority of trans and non-binary people feel they have been negatively impacted because of their identity. Compared to studies of the wider UK population, trans and non-binary people are 47% less likely to feel safe at school and 49% reported feeling being trans+ had negatively impacted a job application.

[RCGP guidance, bigotry, and incompetence leads UK Doctors to force trans adults to detransition](#)

TransActual, October 2024

Over the last six months, there have been reports of a significant increase in cases of trans people being refused access to hormones (HRT). TransActual has heard from 215 trans adults across the UK who have been refused prescriptions of HRT by GPs. This is effectively an attempt to force a medical detransition upon them.

Guidelines, Policies and Reports

[Trans Inclusive Healthcare: A Brief Intro](#)

TransActual, updated November 2024

Ultimately, good trans-inclusive healthcare is simply good patient-centred care. However, there are some issues around healthcare that are specific to trans people or are more likely to apply to trans people.

[Trans Inclusive Healthcare?: Trans people's experiences accessing healthcare in the UK](#)

TransActual

Transgender and non-binary individuals face unique challenges and disparities in accessing healthcare services, including barriers related to discrimination, lack of understanding among healthcare providers, and limited availability of transgender-affirming care.

Research briefings

[How to Best Support Transgender and Nonbinary Young People](#)

The Trevor Project, November 2024

Support from others, especially parents and caregivers, is crucial for the well-being of transgender, nonbinary, and gender questioning young people, as it provides a solid foundation for their development and health.

[Mental Health Care Access and Use among LGBTQ+ Young People](#)



The Trevor Project, September 2024

LGBTQ+ young people report higher rates of suicidal thoughts and behaviors compared to their heterosexual and cisgender peers.¹ Research indicates that many young people experiencing psychological distress and suicidal thoughts often do not seek help; however, those who do are less likely to attempt suicide.

Published research

[Barriers to correct pronoun usage in healthcare settings](#)

BMC Medical Education, September 2024

Using correct pronouns is an impactful way to establish affirming environments for transgender and nonbinary (TGNB) patients. However, physicians often report struggling with this. This study set out to conduct an initial root cause analysis of factors contributing to medical students and physicians failing to use TGNB patients' correct pronouns.

[Building a Cancer Care Clinic for Transgender and Gender Diverse Individuals](#)

Mayo Clinic proceedings. Innovations, quality & outcomes, October 2024

Transgender and gender diverse (TGD) people experience disparities in cancer care, including more late-stage diagnoses, worse cancer-related outcomes, and an increased number of unaddressed and more severe symptoms related to cancer and cancer-directed therapy. This article outlines plans to address the unique needs of TGD people through a TGD-focused oncology clinic.

[Perspectives on conducting “sex-normalising” intersex surgeries conducted in infancy: A systematic review](#)

PLoS Global Public Health, August 2024

Children with intersex variations continue to be subject to elective, irreversible, “sex-normalising” surgical interventions, despite multiple human rights and legislative bodies calling for their prohibition. Our systematic review aims to understand how medical literature reports rationales for “sex-normalising” surgical interventions conducted in childhood.

[Reproductive Health in Trans and Gender Diverse Patients: Mind the gap: a nationwide audit of LGBTQ+ inclusion in fertility care providers in the United Kingdom](#)

Reproduction, October 2024

We describe a first-of-its-kind audit of LGBTQ+ inclusivity in fertility care providers across the United Kingdom. Despite efforts being made to improve LGBTQ+ inclusion in fertility care, our results paint a picture of widespread gaps in clinical and cultural expertise alongside significant barriers to LGBTQ+ inclusion.

Blogs / Commentary / Editorials / Opinion Pieces

[10 brilliant, bold, queer Black British icons who deserve way more recognition](#)

Pink News, October 2024

It's Black History Month in the UK. Here, A.I.D of Dope Black Queers – a community collective that sits at the intersections of Black, Queer, and Trans identity – honours 10 Black Brits who've made invaluable contributions to the LGBTQ+ community.



[Heartstopper: 'How Netflix show's eating disorder story helps me'](#)

BBC News, October 2024

The latest series of popular LGBT teen drama Heartstopper is all about Nick and Charlie's relationship. But this series also brings Charlie's eating disorder to the fore, a topic that is rarely talked about in the LGBT community despite studies showing it's a common experience.

[LGBT+ experiences of bereavement and grief](#)

Safe Aging No Discrimination, October 2024

Emerging from the concept of disenfranchised grief, Cruse Bereavement Support and SAND recognise the travesty of people being excluded from the death and dying of the people they love and the ongoing impact that this has on all concerned. Increasingly, as a society we are talking and hearing more about good deaths and recognise the need to be part of those conversations. This short film highlights the unique additional complexities that need to be validated and considered.

[Transgender civil servants report rise in bullying, harassment and discrimination](#)

Civil Service World, September 2024

One in five transgender officials said they were discriminated against at work in 2023, new People Survey data shows

Books / Audiobooks

A selection of newly published books from the LGBTQ+ community. (Please note these are not held by the Library Service but are available from the usual book retailers).

Compound Fracture by Andrew Joseph White

On the night Miles Abernathy comes out as trans to his parents, he sneaks off to a party, carrying evidence that may finally turn the tide of the blood feud plaguing Twist Creek: Photos that prove the county's Sheriff Davies was responsible for the so-called "accident" that injured his dad, killed others, and crushed their grassroots efforts to unseat him.

Raising LGBTQ Allies: A Parent's Guide to Changing the Messages from the Playground by Chris Tompkins

Raising LGBTQ Allies sheds light on the deeper, multi-faceted layers of homophobia. It opens up a conversation with parents around the possibility they may have an LGBTQ child, and shows how heteronormativity can be harmful if not addressed clearly and early. Although not every parent will have an LGBTQ child, their child will jump rope or play tag with a child who is LGBTQ.

Look Up, Handsome by Jack Sage

Hay-on-Wye's only queer bookshop is always a hive of activity. So when it's threatened with closure, its owner Quinn Oxford is determined to do whatever it takes to save his beloved shop. That is until romantic novelist Noah Sage arrives in town. Gorgeous, brooding and clearly unhappy to be there, Noah is the distraction Quinn doesn't need.



Library Services

Would you like to keep up to date with the latest evidence on topics of your choice? Sign up for a current awareness alert: <https://www.nhslincslibrary.uk/knowledgeshare-request/>

Can't find the information you need? We can do literature searches for you:
<https://www.nhslincslibrary.uk/search-request/>

We can provide training on how to search healthcare databases and resources as well as showing you how to appraise the information that you find:
<https://www.nhslincslibrary.uk/training/>

Online Resources

BMJ Best Practice is a clinical decision support tool that provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions:
<https://bestpractice.bmj.com/oafed>

ClinicalKey is a database which supports healthcare professionals by providing access to the latest evidence across specialties: <https://www.clinicalkey.com/>